

Parent, Family and Caregiver Support

[Al-Anon Family Groups](#)

Our personal situations may be different, but we share as equals because of what we have in common: our lives have been affected by another person's drinking. Al-Anon is a mutual support group, where we can find understanding and support, sharing our common experience with each other. Alcoholism has similar effects on us all, even though our relationships to the alcoholic may be different. Over time, however, we come to understand that we can benefit from hearing how the Al-Anon principles worked in many different circumstances.

[American Association of Caregiving Youth](#)

Founded in 1998 in Boca Raton, FL, what is now the American Association of Caregiving Youth (AACY) is a nonprofit serving children and adolescents who provide significant or substantial assistance, often on a regular basis, to relatives or household members needing help because of a physical or mental illness, disability or frailty. We are the only organization in the U.S. dedicated solely to addressing Caregiving Youth issues.

[ARCHway Institute's Advocates for Hope](#)

Advocates for Hope includes individuals in recovery and caregivers affected by addiction. Both are able to offer support, based on their own personal experience.

[Co-Dependents Anonymous \(CoDA\)](#)

Co-Dependents Anonymous is a program of recovery from codependence, where each of us may share our experience, strength, and hope in our efforts. We strive to find freedom where there has been bondage and peace where there has been turmoil in our relationships with others and ourselves. Through applying the Twelve Steps and principles found in CoDA to our daily life and relationships, both present and past, we can experience a new freedom from our self-defeating lifestyles.

[Hazelden Betty Ford Foundation - Support for Families](#)

Hazelden Betty Ford offers a number of different services for families, from support groups specifically for family members to coaching from licensed addiction counselors. Our programs and services at Hazelden Betty Ford are designed to help not only people who have addiction but the entire family—from

spouses to parents or caregivers to siblings and children—because everyone affected by alcohol or other drug abuse needs support, care and healing.

[Nar-Anon Family Group](#)

Facilitates connections with family groups for those who have a loved one experiencing a substance use disorder.

[Parents of Addicted Loved Ones](#)

"Parents of Addicted Loved ones provides hope and support through addiction education for parents dealing with an addicted loved one."

[Partnership to End Addiction](#)

For Parents and Caregivers. From tips on preventing substance use to guidance on managing recovery from addiction, we have the information and resources you need at every step of the way, Including Helpline.

[SAMHSA's National Family Dialogue](#)

Connects families of young people with substance use disorders to resources and support.

[SAMHSA's Information and Resources for Families and Family-Based Organizations](#)

Resources for families and family-run organizations supporting recovery and resilience for children, youth, and adults.

[The National Child Traumatic Stress Initiative](#)

Provides information and resources to help identify and address traumatic stress in children, which increases the risk of behavioral health challenges and for a range of medical conditions.