

Hotlines, Helplines & Meetings

Missouri Access Crisis Intervention

Access Crisis Intervention (ACI) provides access to services for individuals experiencing a behavioral health crisis. ACI will provide an opportunity for individuals to receive necessary behavioral health crisis services in an effort to reduce unnecessary interventions such as hospitalization or detentions. By calling the ACI hotline, individuals have access to behavioral health crisis services that are free and available to both youth and adults. All calls are strictly confidential. ACI hotlines are staffed 24 hours a day, seven days a week by behavioral health professionals who are available to provide assistance. Assistance may include phone contact, referrals to resources in the community, next day behavioral health appointments, or a mobile response. Mobile is defined as either going to the location of the crisis, or to another secure community location. Please go to the web page and enter your county in Missouri for the Crisis number to call.

National Suicide Prevention Lifeline

1-800-273-TALK (8255)

24-Hour Toll Free, confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress.

SAMHSA's National Helpline

1-800-662-HELP (4357)

Also known as, the Treatment Referral Routing Service, the Helpline provides 24-hour free and confidential treatment referral and information about mental and/or substance use disorders, prevention, and recovery in English and Spanish.

Disaster Distress Helpline

1-800-985-5990

Stress, anxiety, and other depression-like symptoms are common reactions after any natural or human-caused disaster. Call this toll-free number to be connected to the nearest crisis center for information, support & counseling.

Veteran's Crisis Line

1-800-273-TALK (8255)

Connects veterans (families and friends) in crisis with qualified, caring VA responders through a confidential, toll-free hotline, online chat, or text.

Drug-Free Workplace

1-800-WORKPLACE (967-5752)

Assists employers and union representatives with policy development, drug testing, employee assistance, employee education, supervisor training, and program implementation.

Behavioral Health Treatment Services Locator

Find alcohol, drug, or mental health treatment facilities and programs around the country.

[**Buprenorphine Practitioner & Treatment Program Locator**](#)

Find information on locating practitioners and treatment programs authorized to treat opioids.

[**Early Serious Mental Illness Treatment Locator**](#)

Find treatment programs in your state that treat recent onset of serious mental illnesses.

[**Alcohols Anonymous**](#)

Find meetings, local support groups, online groups, resources, daily reflections, etc. English, Spanish and French.

[**National Institute on Alcohol Abuse and Alcoholism**](#)

Offers tools and training materials for community, school, and family interventions related to alcohol use and misuse.

[**Treatment for Alcohol Problems: Finding and Getting Help**](#)

A list of available treatment choices and what to consider when choosing among them.

[**Moderation Management**](#)

Promotes self-management, balance, moderation, and personal responsibility for people who struggle with alcohol use who are able to manage and moderate their use and wish to do so.

[**FAQ Sponsored by Al-Anon Family Groups**](#)

Provides the answers to frequently asked questions by those with alcohol problems and their families and friends.

[**Alcohol Treatment Navigator Sponsored by the National Institute on Alcohol Abuse and Alcoholism**](#)

Offers a comprehensive, step-by-step strategy for finding evidence-based alcohol treatment services for an adult loved one.

[**Narcotics Anonymous**](#)

Find meetings, local support groups, online groups, resources, etc.

[Heroin Anonymous World Services](#): Heroin Anonymous (HA) is a fellowship of men and women who have found a better way of life, free from heroin addiction. Our fellowship is based on a twelve-step program of recovery—and if you wish to join us, we are here to share what we have found. There are no dues or fees for membership; the only requirement for membership is a desire to stop suffering from heroin addiction. We are here to assist the next person seeking help with their own addiction.

[**Marijuana Anonymous**](#)

Find meetings, local support groups, online groups, resources, etc.

[**Alcoholics Victorious**](#)

A Christ-centered recovery organization. Find meetings, local support groups, online groups, resources, etc.

Celebrate Recovery

Celebrate Recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, pain or addiction of any kind. Celebrate Recovery is a safe place to find community and freedom from the issues that are controlling our life.

Living Free Ministries – Curriculum

Christ-centered program for people dealing with destructive behavior, harmful emotions, negative attitude, unhealthy relationships, and substance abuse. Offers training and curriculum programs often used in recovery programs and prisons.

An Extensive List of Hotlines Sponsored by the HHS Family and Youth Services Bureau

Provides a long list of helpful services and hotlines specifically for families and youth.

Crisis Text Line

Provides 24/7 support for individuals experiencing a crisis via text message.

loveisrespect.org

Provides an opportunity for teens and young adults to receive support when dealing with an unhealthy or abusive relationship. The site offers online chats, telephone support, and texting with a peer advocate.

Partnership for Drug-Free Kids

Serves as a support network for families of children struggling with substance misuse.

National Sexual Assault Hotline

Connects callers to a local sexual assault crisis center so they can receive information and support. Includes access to a new RAINN app that gives survivors of sexual violence and their loved ones access to support, self-care tools, and information.

National Sexual Assault Hotline

1-800-799-SAFE (7233)

Provides confidential, one-on-one support for women, men, children, and families affected by domestic violence. Crisis intervention and support are offered 24/7, 365 days a year with well-trained advocates via phone, online chat, text, or video phone for victims who are deaf or hard of hearing.

SMART Recovery

Offers a self-empowering addiction recovery support group network with face-to-face and daily online meetings.

Life Ring

Offers peer-to-peer support and personal strategies to fight addiction to alcohol and drugs.

AA Agnostica (Secular Organizations for Sobriety)

Offers resources to help individuals achieve and maintain sobriety and abstinence from alcohol and substance use disorders.

CAMS-Care: Offers webinars, meetings and resources to help suicide prevention.

The HOPE Fund: The HOPE Fund sponsors, below, have been established in honor of a loved one or by organizations.

Recovery Advocacy Project (RAP): The Recovery Advocacy Project (RAP) is a network of people and organizations across the country advocating for addiction recovery policies. RAP is committed to giving people in recovery from all pathways, family members, and supporters of recovery the grassroots organizing tools to think and act locally.

Recovery 2.0: Recovery 2.0 is a global community of people who have found a way to overcome addiction and thrive in life. Our philosophy is based on the idea that we are engaged in a never-ending path of discovery. Recovery 2.0 hosts Universal meetings 7 days a week open to anyone in recovery from any addiction. In our meetings, we gather to share our experiences and this powerful and inclusive, “Recovery of Optimism.”