

RECOVERY SUPPORT SERVICES (RSS) in MISSOURI

(also known as the "Access to Recovery" program for alcohol and substance use disorders)



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RSS is Effective!

At the 6-month Follow-up:

98%

of clients have not had any new arrests.

90%

are in stable housing.

88%

are abstinent from alcohol and improper drugs use.

94%

have had no additional adverse consequences from drug and alcohol use.

63%

are employed.

91%

demonstrate greater pro-social connectivity.

97%

said they were satisfied or very satisfied with their RSS services.

Consumers depend on RSS:

RSS programs have served more than **60,000** Missourians in need since 2004.



RSS clients remain engaged for an average of **211 days** (more than 7 months).

23% of clients are African American.



61% are on probation or parole.

In 2019, the average cost to the state per client is only **\$687.34**



In 2019, the average annual savings to the state for each client in recovery is **\$18,888** (emergency room visits, social service costs, etc.); the average cost for a treatment episode is **\$2,388** per client.

MCRSP is nationally affiliated with the Association of Recovery Community Organizations (ARCO)/Faces and Voice of Recovery, and the National Alliance for Recovery Residences (NARR).

NARR has created national standards for recovery/sober living homes nationwide.



From 2018 to 2021, MCRSP has accredited more than **150** recovery homes in Missouri, representing more than **1,400** recovery beds for men, women and families.



For a complete list of housing programs in Missouri, go to www.mcrsp.org under "Get Help"

When substance abuse treatment programs and RSS programs work together, clients succeed!

POSITIVE OUTPUTS MORE THAN DOUBLE!! Under the federal Access to Recovery (ATR) program, the Missouri Department of Mental Health (DMH) compared clients who had treatment only and clients who received both treatment and RSS. They found that:

Client Engagement

With treatment alone, client engagement averaged **40.5 days**; with treatment and RSS, client engagement averaged **59.5 days**. Longer client engagement is directly related with client success.

Abstinence (Alcohol & Drug Use)

With respect to abstinence from alcohol and drug use, clients with treatment only demonstrated a rate of change of **63.7%**; clients who had treatment and RSS had a rate of change of **152.7%** -- **POSITIVE OUTCOMES MULTIPLIED BY 2.4 TIMES!!!**

Criminal Justice System

With respect to further involvement with the criminal justice system, clients with treatment only demonstrated a rate of change of **4.1%**; clients who had treatment and RSS had a rate of change of **10.0%** -- **POSITIVE OUTCOMES MULTIPLIED BY 2.4 TIMES!!!**

Employment and Education

With respect to employment and education, clients with treatment only demonstrated a rate of change of **14.3%**; clients who had treatment and RSS had a rate of change of **23.70%** -- **POSITIVE OUTCOMES MULTIPLIED BY 1.7 TIMES!!!**

Recovery Support Services (RSS) are needed by justice-involved individuals transitioning from prison or jail!

- ⊗ In the one month after a justice-involved individual is released from prison or jail, they are 12 to 13-times more likely to die in that one month than any other time in their life. Much of this higher mortality rate is related to drug overdoses, but is also associated with inability to access services (especially medical), lack of housing, and other issues.
- ⊗ Justice-involved individuals are 129 percent more likely than other members of society to die of a drug overdose.

- ⊗ A multitude of studies show that the amount of time a person spends in treatment or a therapeutic community while in prison combined with the amount of time they spend in a reentry or aftercare program after being released from prison is directly related to the rate at which justice involved individuals will not return to incarceration.