

**Missouri Coalition of Recovery Support Providers  
Board Member Self-Appraisal Form**

Using the following guide, please indicate your appraisal of each item.

- 1 = Never a problem
- 2 = Seldom a problem
- 3 = Increasingly a problem
- 4 = Now a definite hindrance

1. Am I able to attend regularly scheduled meetings? ____
2. Do I arrive on time for meetings? ____
3. Is my schedule flexible enough to attend emergency sessions? ____
4. Does my career conflict with my position on the board? ____
5. Am I able to discuss controversial topics effectively? ____
6. Do I review support materials prior to all meetings? ____
7. Am I tense and hostile during candid exchanges of opinion? ____
8. Do I work easily with other board members and our Executive Director? ____
9. Am I able to keep an open mind on issues? ____
10. Do I confine my discussion to agenda items only? ____
11. Do I make at least one positive contribution to each board meeting? ____
12. Do I have a high level of commitment and interest in our organization? ____

Total \_\_\_\_ The lower the score, the more effective your function as a board member.