

Definition of Recovery Housing Levels

Level I Defined:

Level I Recovery Residences are often known as PEER-RUN RECOVERY RESIDENCES and are democratically run with no external supervision or oversight. Level I housing is often provided in shared environments such as single-family residences. Peer-run recovery residences give residents the ability to determine which arrangements will most effectively meet their needs. Level I support services include self-help services, drug screenings, and house meetings. Level I homes have the flexibility to make their own arrangements for medication management.

Level II Defined:

Level II Recovery Residences are often considered MONITORED RESIDENCES, or sober living homes. Level II includes residences that are often single-family residences or apartment-style living overseen by a House Manager or Senior Resident. Level Two residences typically have at least one paid position (i.e. Resident Manager). Level Two residences have a structured environment with support services, predominantly facilitated by peer providers, for people in recovery to gain access to an interim environment where they can transition from treatment settings to a more home-like setting. Residents in Level II are strongly encouraged to be involved in self-help and/or treatment services. Level Two residences utilize house meetings to communicate with residents and may or may not utilize drug screening to confirm abstinence.

Level III Defined:

Level III Recovery Residences are often known as SUPERVISED RESIDENCES and offer a high level of support, with the goal of eventually transitioning residents to Levels I, II, or independent living. Level III residences have an organizational hierarchy that provides administrative oversight for service providers, which include certified staff and case managers, and a facility manager. Services provided in Level III residences are typically delivered in the community (outside of the residence) or may have some supports and services on site. Level III residences provide a highly-structured environment for resident support and stability.